The Chief Education Officer (All)
Jammu Division.

Subject: Monthly Parent Teacher Meet (PTM) on 27th of May, (Thursday) 2021.

Sir

Apropos the subject cited above, in view of the closure of educational institutions vide Government order No. 21-JK (DMRRR) of 2021 due to situation pertaining to the spread of COVID19 in Jammu and Kashmir, the Parent Teacher meet for the month of May, 2021 will be held on 26th day (Wednesday) of the month in virtual mode only on the following themes:

The points to highlight/discuss with parents will be:

1. Strict following of COVID Safety SOPs/protocols (staying at home, Wearing masks, regular hand washing and if out of home maintaining physical distancing norms.
2. Online Classes (attendance, response of learners, maintain note books of the taught, their routine at home etc).
3. Learners should follow health and mental wellbeing advisories and guidelines issued by Counselling Cell, DSEJ from time to time.
4. Assistance of parents in providing scholarship data (June 30th last date).
5. Academic Mentoring (via Aao Baat Karein helpline-6006800068).

Therefore, in view of the above all the chief education officers are hereby directed to instruct heads of institutions to organize PTMs on the above mentioned themes through online/virtual platforms and sharing of necessary instruction and guidelines (Annexure-I) with the stakeholders.

Further, a proper data regarding the number of parents, learners and teachers participated in the event (soft copy) should be submitted via E-Mail (counsellingcell-
dsej@jk.gov.in / counsellingcellDsej@gmail.com for compilation of divisional report.

Enclosed: Annexure – I (02 leafs)

(Dr. Ravi Shankar Sharma) KAS
Director School Education
Jammu

Copy to the:
1. Administrative Secretary, School Education Department Govt. of J&K UT, Civil Secretariat
Jammu for information.
2. Romesh Kumar Head Counselling Cell DSEJ for information and necessary action.
3. I/C Website for uploading on website.
ANNEXURE-I

1. PTM must be an occasion to boost the morale of all participants amidst pandemic/s times.
2. Educators focus should be on breaking the monotony of learners continuously at home due to lockdown and closure of schools thereof.
3. Behave politely with learners in front of their parents/guardians.
4. Always begin with smile and positive things of learners.
5. Highlight the overall strengths of the students first followed by gradual and careful unfolding the areas the child needs to work upon.
6. Avoid comparison of achievements of one student with other because every learner is unique in ability, aptitude and interests
7. Inform parents about the role/expectations of school from them like regularity, punctuality, cleanliness, Covid-19 precautionary measures etc.
8. Encourage students for doing well in their examinations especially for their cooperation during online classes.
9. Discuss the issues (if any) that may be interfering with students learning and growth.
10. Avoid one way discussion (teacher talk only) rather make parents comfortable to express their feelings/concerns

In case the child/parent need any psychological support, aware them to call at “Aao Baat Karein” - Tele-counselling helpline no “6006800068”
COVID Guidelines (World Health Organization)

CHECKLIST FOR STUDENTS

- To help keep yourself and your school safe and healthy.
  ✓ Ask questions, educate yourself and get information from reliable sources.

- Protect yourself and others:
  ✓ Wash your hands frequently, always with soap and water for at least 20 seconds.
  ✓ Remember to not touch your face, eyes, nose and mouth.
  ✓ Do not share cups, eating utensils, food or drinks with others.

- Be a leader in keeping yourself, your school, family and community healthy.
  ✓ Share what you learn about preventing disease with your family and friends, especially with younger children
  ✓ Model good practices such as sneezing or coughing into your elbow and washing your hands, especially for younger family members.

- Don’t stigmatize your peers or tease anyone about being sick; remember that the virus doesn’t follow geographical boundaries, ethnicities, age or ability or gender.
- Tell your parents, another family member, or a caregiver if you feel sick, and ask to stay home.

CHECKLIST FOR PARENTS/CARE-GIVERS/COMMUNITY MEMBERS

- Monitor your child’s health and keep them home from school if they are ill.
- Teach and model good hygiene practices for your children:
  ✓ Wash your hands with soap and safe water frequently. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water, if hands are visibly dirty.
  ✓ Ensure that safe drinking water is available and toilets or latrines are clean and available at home.
  ✓ Ensure waste is safely collected, stored and disposed of.
  ✓ Cough and sneeze into a tissue or your elbow and avoid touching your face, eyes, mouth and nose.

- Encourage your children to ask questions and express their feelings with you and their teachers.
- Remember that your child may have different reactions to stress; be patient and understanding.
- Prevent stigma by using facts and reminding students to be considerate of one another.
- Coordinate with the school to receive information and ask how you can support school safety efforts (though parent-teacher meets/committees, etc).