



Government of Jammu & Kashmir
DIRECTORATE OF SCHOOL EDUCATION, JAMMU

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Sub: Orientation programme for students and parents.

In view of the upcoming new academic session in winter zone and summer zone, there is a need to create an atmosphere in schools that minimizes anxiety, promotes positive attitude, stimulates an excitement for learning, provide a welcoming atmosphere for students and provide them comprehensive information about the academic and student service resources and programmes.

In this regard All the CEOs of Jammu Division are directed to organize orientation programmes in all the schools for students as well as for their parents through Counselling cells constituted at schools and DIETs to orient them about various issues as mentioned in the **Annexure "A" and "B"** with an intimation to this office.

Kindly find enclosed herewith **Annexure "A" and "B"** regarding a brief outline for conducting the sessions in schools.


Anuradha Gupta (KAS)
Director School Education
Jammu

1. Commissioner /Secretary to govt to Govt. School Education Department civil secretariat, Jammu for information.
2. DIET Principals (All) Jammu Division to coordinate through counselling teams constituted at DIET and HSS.
3. I/C counselling Cell DSEJ.

4. I/c website for posting on the departmental website.

Orientation programme for students.

- Introduction with each student and their familiarization with teachers.
- Explain to them rules and regulations of the school, School education department, and JKBOSE.
- Make students aware about the initiatives of the department.
(ICT labs, tinkering labs etc.)
- Facilities resources available in schools.
- Advantages of studying in a government schools.(Free, facilities etc.)
- Sharing success stories of Alumni of the school.
- Introduce small reward for good students
- Take ideas from students for improving the school culture.
- Involve students in normal decision making.
- .Involve students in counselling cells.
- Make these interactions a happy experience for them.
- Importance of regularity, punctuality and discipline in the schools.
- Co- curricular activities of the school.
- Examination pattern, timings and other details.
- Sports facilities available.
- Share teachers and Principals mobile numbers with students.
- Aware them about new initiatives of the school.
- Aware them about telecounselling helpline No:**6006800068**
- Opportunities both sports and co- curricular that can be availed.
- Various scholarship schemes available.
- Ask students about their special talents.
- Expose them to counselling initiatives.
- Make head boy and head girl for coordinating student's issues.
- Develop curiosity in them.
- Encourage questioning attitude in them.
- Explain to them importance of goal setting.
- Ask them to be role models for spreading a message to other students to Join government Schools.



Annexure B

Orientation programme for parents

- Advantages of studying in a government schools.(Free, facilities etc.)
- Explain to them rules and regulations of the school, School education department, and JKBOSE.
- Make them aware about the initiatives of the department.
- (ICT labs, tinkering labs etc
- Importance of regularity, punctuality and discipline.
- Familiarization with each teacher.
- Facilities resources available in schools.
- Take mobile numbers of parents for feedback.
- Teachers to give mobile numbers to parents
- Share details about Parent teacher meetings
- Take daily feedback from the child about school activities.
- Contact child's teacher immediately in case of any concern.
- Make a whatsapp group of teachers and parents of each school.
- Inform them about facilities resources available in schools.
- Don't Bad mouth teacher in front of your child.
- Visit schools regularly for regarding any concern and feedback.
- Don't make excuses for the child.
- Monitor your child's friend circle.
- Be involved in child's schooling activities.
- Be supportive to your child.
- Listen to your child.
- Encourage child to develop time table and study routine.
- Never criticize your child.
- Never compare your child to others.
- Identify your child's strengths and help teacher find out the child's strength.
- Gently highlight your child's weaknesses.
- Encourage reading habits in your children.
- Monitor your child's mobile and internet use.
- Don't argue with children.
- Aware them about tele-counselling helpline No:**6006800068**
- Spread a message to other students to Join government Schools.

