File No.DSEJ-13/17/2021-JAMMU-JAMMU

Phone No: 0191-2598439
Fax No. 0191-2598358
E-mail Id: dse.jammu@jk.gov.in

Government of Jammu & Kashmir

Directorate of School Education, Jammu

Chief Education Officers (All)
Jammu Division.

Sub: School Registration on Fit India Portal for Fit India Flag, 3 Star and 5 Star Rating Schools under Fit India Movement- regarding.

Kindly find enclosed herewith a copy of communication received from Samagra Shiksha J&K Jammu VideNo.EDU/SMS/136/381136-61 of dated 05.03.2021 along with annexure from ministry of education GOI Vide F.No.12-1/2020-IS-4, dated16.02.2021wherein States and UTs of India were requested to encourage schools to register on Fit India Portal for Fit India Flag, 3 Star and 5 Star rating schools category under Fit India Movement.

In this regard, all the Chief Education Officers of Jammu division are hereby directed to issue immediate necessary instructions to all HOIs of HSS/HS/MS/PS **(both govt & pvt)** in winter as well as summer zones of Jammu division for encouraging all schools to register themselves for Fit India Flag, 3 Star & 5 star rating schools category under DSEJ Project Fit India-2021on Fitindia Portal(https://Fitindia.gov.in).

It is pertinent to mention that registrations has to be done using school official email only followed by all guidelines and fitindia parameters apply for claiming 3 Star as well as 5 star ratings schools received from ministry of school education and literacy Govt of India which are enclosed as annexure for reference. Moreover schools once registered need not to register again.

Concerned CEOs may also be directed to nominate DNOs Fitindia as coordinators for this programme, their contact nos and emails may also be forwarded to all concerned schools in the districts, direct them to expedite the process of registrations and furnish weekly status report from the districts for the action taken in the matter and submit to this directorate on Govt email IDs at dse.jammu@jk.gov.in as well as fitindia.dsej@jk.gov.in on weekly basis.

For any further quarries, you may contact Sh. Govind Sharma, Nodal Officer of this directorate at Mobile No9419280527.

16/3/21

(Anuradha Gupta) KAS
Director School Education
Jammu

Enclosures: 05-Five

No: DSEJ/FIT INDIA/2021/ 9798-9813 Dated 16-03-2021

Copy to the:

1. Administrative Secretary to Govt. School Education Department, Civil Secretariat, Jammu for inf please.
2. Deputy Secretary to the GOI, ministry of school education & litrecy for inf please.
3. Sh. Samagra Shiksha J&K/State Nodal Officer, Fitindia Movement at SAMAGRA Shiksha Jammu for inf please.
4. Sh. Govind Sharma, Divisional Nodal Officer, Fit India Movement, at DSEJ for information with the directions to monitor district wise progress and ensure full cooperation to CEOs/HOIs of Division in the matter please.
5. I/C website for uploading on website.

Digitally signed by ANURADHA
Date:Mon Mar 15 17:25:50 IST 2021
Reason:Approved

F. No. 12-1/2020-IS-4
Ministry of Education
Department of School Education & Literacy
(IS-4 Section)

Shastri Bhawan, New Delhi
Date: 16th Feb, 2021

To

The Additional Chief Secretary/Principal Secretary/Secretary (Education), of all States / UTs

Subject: School Registration on FIT INDIA Portal- Fit India Movement reg.

Madam/Sir,

Please refer to this Department's D.O letter number F. No. 12-1/2019-IS.4 dated 27.11.2019 (Copy enclosed) regarding "Fit India Movement" in Schools wherein the States/UTs were requested to encourage schools to register themselves on FIT INDIA portal under FIT INDIA Flag, 3 Star and 5 Star categories.

2. The States / UTs in which schools have still not registered on the FIT India portal are requested to again motivate / encourage schools to register themselves on the FIT INDIA Portal.

Yours faithfully,

(Vinod Krishan Verma)
Deputy Secretary to the Govt. of India
Tele No. 23384501
vinodk.verma@nic.in

Copy to: (For information and necessary action):

1. The Chairperson, Central Board of Secondary Education,
2. The Commissioner, Kendriya Vidyalaya Sangathan,
3. The Director, Central Tibetan Schools Administration (CTSA)
4. The Chairman, National Institute of Open Schooling (NIOS)

DIRECTORATE OF SAMGRA SHIKSHA, J&K STATE
(An Integrated Scheme of School Education)
(Behind Bone & Joint Hospital) Bagat-i-Barazulla Srinagar (Ph) 0194-2438731/2435895 (Summer)
1st floor, Dolphin Motors opposite Gurudwara, Channi Rama, National Highway road, Jammu. (Ph) 0191- 2467170(Winter)
Email: jksamagrashiksha@gmail.com

The Chief Education Officer,
Districts (All).

No:- Edu/SMS/SPD/136/ 381136-61 Dated:- 05-03-2021

Subject:- School Registration on Fit India Portal for Fit India Flag, 3-Star School and 5-Star School under Fit India School activity

Madam/ Sir,

Kindly find enclosed herewith the communication received from Ministry of Education, Department of School Education and Literacy, Government of India alongwith the annexures vide F.No. 12-1/2020-IS-4 dated 22-02-2021 and letter dated 13-02-2021regarding the captioned subject. In this context, I am directed to request you to kindly encourage all schools to register themselves on Fit India Portal (https://fitindia.gov.in). **Fit India School registration for Fit India Flag, 3-Star and 5-Star categories on Fit India Portal has to be done using school official email only**, keeping Fit India parameters under due consideration. Schools once registered need not to register again. The guidelines regarding the said activity received from Ministry of Education and Literacy, Government of India from time to time are enclosed as annexures for reference and necessary action at your end.

Yours faithfully,

(Peerzada Mushtaq Ahmad)
Field Officer,
Samagra Shiksha J&K.

Enclosures:- Three(8 pages)

Copy for information to:

1. Director School Education, Jammu/Kashmir.
2. Divisional Nodal Officers (Fit India) Jammu/Kashmir with the request to monitor Divisionwise /Districtwise/school wise progress and ensure full cooperation in motivating the schools in this Fit India Movement and analyse the Fit India School data themselves.
3. Private Secretary to Administrative Secretary, School Education Department, J&K for information of the Administrative Secretary.
4. PA to Project Director, Samagra Shiksha J&k for information of the Project Director.
5. Office file.

Scanned with CamScanner

D.O. No. 12-1/2019-IS.4

अमित खरे, भा.प्र.से.
सचिव

AMIT KHARE, IAS
Secretary

Tel. : 011-23382587, 23381104
Fax : 011-23387859
E-mail : secy.sel@nic.in

सत्यमेव जयते

भारत सरकार
Government of India
मानव संसाधन विकास मंत्रालय
Ministry of Human Resource Development
स्कूल शिक्षा और साक्षरता विभाग
Department of School Education & Literacy
124 'सी' विंग, शास्त्री भवन, नई दिल्ली–110 001
104 'C' Wing, Shastri Bhawan, New Delhi-110 001

27th November, 2019

Dear Madam/Sir,

Please refer to this Department's letters of even number dated 21.8.2019, 23.8.2019 and 25.9.2019 regarding Fit India Movement and making it a people's movement wherein every citizen gives time to himself for being physically active and fit. This requires State Governments to be prime catalysts. In this connection reference to drawn to the letter dated 18th November, 2019 from Secretary, Department of Sports, Govt. of India, addressed to all Principal Secretaries/Secretaries, School Education Department of States and UTs for "Fit India Movement-Fit India School". (copy enclosed)

2. I would request you to make Fit India Movement a successful people's movement by providing your leadership for the following:

- Apprising and encouraging all schools, public as well as private, in your State to endeavour towards self-certification as Fit India school and seek Fit India Ranking;
- To honour Fit India 3 Star and 5 Star Schools by organising appropriate functions in the State Headquarters. Fit India 5 Star Schools could be felicitated at State level Republic Day and Independence Day functions;
- Nominate a senior officer as a State Nodal Officer for Fit India in your department and intimate his details to this Department at email Id: fitschoolsmovement.gov@gmail.com as well as to the CEO, Fit India Mission, New Delhi at rohit.khanna1107@gmail.com.
- Organise Fit India events at schools from time to time. You may encourage schools to use their creativity in designing and organising Fit India events.
- Organise "FIT INDIA WEEK" in each school in the next 4 to 6 weeks, and upload the information on Fit India portal. A letter of DG, SAI dated 23.10.2019 to all States and UTs with suggested activities for Fit India Week is also enclosed.

With regards,

Yours sincerely,

27.11.2019

(Amit Khare)

Encl.: 1) Dept. of Sports' letter dated 18.11.2019.
2) DG, SAI letter dated 23.10.2019.

To

Additional Chief Secretaries /Principal Secretaries /Secretaries, Department of School Education of all States & UTs.

recieved

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F.No. K-15017/7/2019/FIC

Government of India

Ministry of Youth Affairs & Sports

Department of Sports

Secretary (Sports) Ministry of Youth Affairs & Sports Dy. No 4145 Date 19/11/19

Shastri Bhawan,
New Delhi-110001.

19 NOV 2019

661740

Dated the 18th November, 2019

To

All Principal Secretaries/ Secretaries (School Education)of States / UTs.

Sub: Fit India Movement – Fit India School

Hon'ble Prime Minister has launched the FIT INDIA Movement on 29th August 2019 with a view to make physical fitness a way of life. FIT INDIA Movement aims at behavioural changes - from sedentary lifestyle to physically active way of day-to-day living. FIT INDIA would be a success only when it becomes a people's movement. We have to play the role of a catalyst.

2. You would agree that 'How to Live' ought to be the first pillar of formal education. This involves teaching and practicing the art of taking care of one's body and health every day. Therefore, schools have to be the first formal institution after home where physical fitness is taught and practiced.

3. In the above background, the Fit India Mission has prepared a system of FIT INDIA SCHOOL rating with simple and easy parameters as below:

3.1 FIT INDIA SCHOOL:

The following parameters would apply:

a) Having one teacher trained in PE, and such teacher is physically fit and active;
b) Having a playground where two or more outdoor games are palyed.
c) Having one PE period each day for every section and physical activities (sports, dance, games, yogasan, PT) take place in the PE period.
d) Having all students spending 60 minutes or more on physical activities daily.

3.2 FIT INDIA 3 STAR SCHOOL:

The following additional parameters would apply for claiming a 3 Star rating:

a) All teachers to be physically fit and spending 60 minutes or more every day for physical activities.
b) School has at least two trained teachers (including one PET), each well versed with any two sports.
c) Sports facilities for 4 sports including the 2 outdoor sports.
d) Every student learns and plays 2 sports - one of which could be a traditional/ indigenous/local game.

3.3 FIT INDIA 5 STAR SCHOOL:

The following additional parameters (over and above 3 Star rating) would apply for claiming the highest rating:

a) School conducts monthly intra-school sports competitions, participates in inter-school sports competition and celebrates Annual Sports Day.
b) All teachers are trained in PE.
c) School has 2 or more sports coaches. These may be PE teachers.
d) School follows structured PE curriculum prescribed by NCERT/ School Board.
e) School conducts annual fitness assessment of all children.
f) School opens its playground(s) after school hours for neighbouring communities, and the same is actively used. Reasonable fee can be levied for maintenance and security.

4. Procedure for FIT INDIA SCHOOL

4.1 Basic FIT INDIA SCHOOL would be self certified and registered online at www.fitindia.gov.in by the School. Upon registration, a certificate would be issued online to the School, and on receipt of such certificate the School would be entitled to use Fit India Logo and Fit India Flag.

4.2 For FIT INDIA 3 Star or 5 Star rating the school would have to file its claim online at www.fitindia.gov.in. The Fit India Mission would get the claim verified and thereafter issue an online certificate and commendation letter. The same would be followed in print and dispatched through postal mail.

5. FIT INDIA is going to be included in the Prime Minister's Award. I request you to make FIT INDIA a successful people's movement by providing your leadership for the following:

5.1 Apprising all schools, public as well as private, in your State of the above and encouraging them to seek Fit India Ranking;

5.2 To honour Fit India 3 Star and 5 Star Schools by organising appropriate function in the State Head-Quarters. Fit India 5 Star Schools could be felicitated at State level Republic Day and Independence Day functions;

5.3 Nominate a senior officer as a State Nodal Officer for Fit India in your department and intimate to us; and

5.4 Organise Fit India events at schools from time to time. You may encourage schools to use their creativity in designing and organising Fit India events.

6. CEO Fit India Mission Mr. Rohit Khanna can be contacted at +91 9769007788 and at rohit.khanna1107@gmail.com. Any query may be sent to fitindia.sai@gmail.com.

Yours faithfully,

18.11.19.

(R.S.Julaniya)
Secretary to Government of India

Copy to:

1. Secretary (SE&L), MHRD, New Delhi.
2. Director General, Sports Authority of India, New Delhi
3. All Pr. Secretaries/ Secretaries (Sports) of States/UTs
4. CEO, Fit India Mission

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