



Government of Jammu & Kashmir



Directorate of School Education, Jammu

No: DSEJ/Counselling Cell/ 36857-68

Dated: 11/12/2020

The Chief Education Officers (All)
Jammu Division

Subject: Publicizing Tele-Counselling Help Line No. Aao Baat Karein 6006800068 among school students.

Sir/Madam,

Tele-Counselling Services initiated by Counselling Cell, DSEJ has acted as panacea for many problems of students, teachers and parents especially during Covid-19 pandemic. It is continuously addressing issues related to Mental Health, Career Guidance, Child Protection, Academic Mentoring etc. It has been observed that many students are still not taking benefit because they are unaware of this help line number.

In this regard, all Chief Education Officers are directed to instruct Head of the Institutions to display this helpline number permanently in their schools at appropriate places which are frequently visited by students. The number can be displayed in the form of wall paint, flex, laminated sheets etc. Sample copy of the display material is attached herewith.

Pertinent to mention here that this help line service may facilitate the students during the upcoming and ongoing board examinations.

The action taken report (pictures of display board) may kindly be sent via E-Mail counsellingcell-dsej@jk.gov.in

FOR STRICT COMPLIANCE

Yours Sincerely

Anuradha Gupta
(Anuradha Gupta) KAS
Director School Education
Jammu

Copy to the:

1. Chief Education Officers, Jammu (all) for information.
2. Romesh Kumar Head Counselling Cell DSEJ for information.
3. I/C Website for uploading on website.

Directorate of School Education, Jammu

COUNSELLING CELL

AAO BAAT KAREIN आओ बात करें

TELE-COUNSELLING HELP LINE

टेली-काउंसलिंग हेल्प लाइन

6006800068

Call or Whatsapp for

- MENTAL HEALTH
- CAREER GUIDANCE
- CHILD PROTECTION
- ACADEMIC GUIDANCE
- SUGGESTION ON
PSYCHOLOGICAL ISSUES

- मानसिक स्वास्थ्य
- व्यवसायिक परामर्श
- बाल संरक्षण
- शैक्षिक सलाह
- मनोवैज्ञानिक मुद्दों
पर सुझाव